



## Medication Policy

While over-the-counter (OTC) medications such as Tylenol, Advil, or Aleve are often preferable, prescription medications may be needed around the time of surgery.

If pain medications are recommended in addition to your usual prescriptions, we will arrange for these to be written/ordered about one week before surgery, so you can pick them up in advance.

Discomfort following surgery usually resolves within a few weeks. Your surgeon will continue to provide pain medication, if needed, for up to 2 months following surgery. Beyond that, any prescriptions should once again be obtained from your Primary Care or Pain Management Physician.

Please notify your Primary Care Physician of **all** medications you are taking. If you haven't been seen in our office in 3 months, we will be unable to refill prescriptions. Please direct those requests to your Primary Care Physician.

Please plan ahead and allow a 3-5 day turnaround for refills. Our physicians are often in surgery, and it may be days before they are back in the office to review pharmacy requests.

There are 2 ways to request medication refills:

1. For fastest response, log on to the patient portal at our website [www.pacbrain.com](http://www.pacbrain.com) and request your refill by secure email.
2. You can also contact your pharmacy by phone. They will initiate a request electronically.

If you have questions, please ask any of our staff. They will be happy to help!

Please check the box below, and provide your signature.

I understand and acknowledge Pacific Brain & Spine's Medication Policy.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_