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Medical History Form - Spine

Name: _____ Age: _____ Today's Date: _____

Referred by: _____

Primary Care Physician Name: _____

Address: _____

Phone: _____ Fax: _____

Describe the problem that you want the doctor to address with you at this visit:

How would you describe your pain? (Please check all that apply)

Burning Aching Pins & Needles Electrical Numbness

Other: _____

What other symptoms do you have? (Please check all that apply)

Right Arm Weakness Left Arm Weakness Right Leg Weakness Left Leg Weakness
 Right Hand Weakness Left Hand Weakness Right Foot Drop Left Foot Drop
 Loss of Bladder Control Difficulty Urinating Difficulty Walking
 Loss of bowel control Constipation Falling down

What makes you feel Better? (Please check all that apply)

Sitting Standing Laying Down Bending Over

Other: _____

What makes your symptoms Worse? (Please check all that apply)

Sitting Standing Laying Down Bending Over

Other: _____

Do you associate a time of day with your symptoms being Worse? (Please check all that apply)

Upon just getting out of bed Midmorning Afternoon Evening



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Recent Treatment

The following questions pertain to therapies you have recently tried for your current problem.

What non-surgical therapies have you undergone?

Rate how effective each treatment was on a scale from 1-10 (Please check all that apply)

Physical Therapy		
Bracing		
Heating Pad		
Bedrest		
Chiropractor		
TENS stimulation		
Accupuncture		
Oral Steroids		

Which is your dominant hand? Right Left **Your height:** _____ **Weight:** _____

Please circle any of the following problems that pertain to you:

- | | | |
|---------------------|--------------------------|----------------------------|
| Weight loss/gain | Shortness of breath | Bowel/Bladder incontinence |
| Fatigue | Asthma | Erectile dysfunction |
| Skin Changes/rashes | Emphysema/Bronchitis | Muscle Weakness/spasm |
| Headache | Heart Disease | Loss of sensation/numbness |
| Vision changes | High Blood Pressure | Swelling of extremity |
| Hearing loss | Nausea/Vomiting | Diabetes |
| Dizziness | Diarrhea/Constipation | Depression/Anxiety |
| Bleeding Problems | Problems with anesthesia | Seizures |

Family History

__ Heart Disease __ Hypertension __ Diabetes __ Stroke __ Aneurysm __ Epilepsy
__ Spinal Problems __ Cancer (List types): _____
__ Other : _____

Please list any previous hospitalizations and surgeries:

 Date Problem Facility where treatment occurred



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Please list ALL of your current medications:

Drug Name	Dose

Allergies to medications: (please list any allergies to medications, foods, anesthesia reaction)

Name	Reaction

Social History

Your marital status: Single Married Divorced Widowed Cohabiting
Employment status: Retired Employed Homemaker Student Unemployed
On Disability: Yes No If yes, for what? _____
Current Occupation: _____ **Previous Occupation:** _____
Who lives with you? _____ **If sick, who would help you?** _____
Number of Children: _____ **Ages:** _____
Highest level of education: Elementary Junior High High School College Graduate School
Do you exercise regularly? Yes No **Type:** _____
Do you have tattoos? Yes No If yes, professionally done? Yes No When? _____

Substance	Ever Used?	Current Use?	Amount per day/week	# Years Used	If stopped, when?
Tobacco	Y N	Y N			
Alcohol	Y N	Y N			



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